Creating a Mentoring Agreement

Six elements for mentors and mentees:

Mentoring is a relationship entailing formal or informal processes whereby a mentor provides intentional guidance, motivation, and encouragement. Mentors also share knowledge, experiences, and perspectives to empower the mentee in the advancement of specific goals that improve their lives and careers. Mentorship allows both mentor and mentee to build networks of resources, develop best practices, and sustain connections for lifelong learning.

During the initiation stage of the mentoring relationship, a key outcome is an understanding of mutual expectations and goals.

Co-developed by both mentor and mentee, an agreement ensures that both parties understand the parameters and expectations of the relationship, properly placing ownership of the mentoring process, and holding both partners accountable to one another.

More information on Graduate College Mentor Network and stages of mentoring: 
graduate.asu.edu/mentoring